

Garlic mash & buttered sprouts with pine nuts

Linda McCartney

Ingredients

3 clove garlic

Potatoes

Seasoning

Butter and milk

Buttered sprouts

Pine nuts

Method

Garlic mash

Peel 3 cloves of garlic, add to your potatoes & boil as normal.

Drain & mash the potatoes & garlic together. Season, add butter & milk to taste.

Buttered sprouts with pine nuts

1.Heat a frying pan and dry fry the pine nuts until golden brown. This only takes a couple of minutes.

2.Boil the sprouts in the normal way, drain, add a large knob of butter & toss with the pine nuts.

